

Name:

Date of Birth:

Date:

**IF referred, by whom?**

**How did you hear about us?**

## **I. Review of Systems**

**1) Mark ALL conditions you are currently treating or have treated in the past**

- |   |   |
|---|---|
| <input type="checkbox"/> None                         | <input type="checkbox"/> Glaucoma                   |
| <input type="checkbox"/> Allergies                    | <input type="checkbox"/> Gout                       |
| <input type="checkbox"/> Anemia                       | <input type="checkbox"/> Heart Attack               |
| <input type="checkbox"/> Anxiety                      | <input type="checkbox"/> Heart Disease              |
| <input type="checkbox"/> Arthritis                    | <input type="checkbox"/> Heartburn / Gastric Reflux |
| <input type="checkbox"/> Asthma                       | <input type="checkbox"/> Hepatitis                  |
| <input type="checkbox"/> Benign Prostatic Hyperplasia | <input type="checkbox"/> High Cholesterol           |
| <input type="checkbox"/> Bipolar Disorder             | <input type="checkbox"/> HIV                        |
| <input type="checkbox"/> Blood Clot                   | <input type="checkbox"/> Hypertension               |
| <input type="checkbox"/> Cancer (add comments below)  | <input type="checkbox"/> Kidney Disease             |
| <input type="checkbox"/> Chronic Fatigue              | <input type="checkbox"/> Kidney Stones              |
| <input type="checkbox"/> Congestive Heart Failure     | <input type="checkbox"/> Leg / Foot Ulcers          |
| <input type="checkbox"/> COPD / Breathing Problems    | <input type="checkbox"/> Liver Disease              |
| <input type="checkbox"/> Coronary Artery Disease      | <input type="checkbox"/> Obesity                    |
| <input type="checkbox"/> Cataracts                    | <input type="checkbox"/> Osteoporosis               |
| <input type="checkbox"/> Dementia / Memory Loss       | <input type="checkbox"/> Pneumonia                  |
| <input type="checkbox"/> Depression                   | <input type="checkbox"/> Seizures                   |
| <input type="checkbox"/> Diabetes                     | <input type="checkbox"/> Stroke                     |
| <input type="checkbox"/> Diverticulosis               | <input type="checkbox"/> Thyroid Disease            |
| <input type="checkbox"/> Eating Disorder              | <input type="checkbox"/> Tuberculosis               |
| <input type="checkbox"/> Emphysema                    | <input type="checkbox"/> Ulcers                     |
| <input type="checkbox"/> Fibromyalgia                 | <input type="checkbox"/> Urinary Tract Infections   |

Comments:

**2) Mark ALL symptoms that you currently suffer from**

**Constitutional**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Fevers        | <input type="checkbox"/> Chills                  | <input type="checkbox"/> Sweats                  |
| <input type="checkbox"/> Weakness      | <input type="checkbox"/> Fatigue                 | <input type="checkbox"/> Decreased Activity      |
| <input type="checkbox"/> Malaise       | <input type="checkbox"/> Unexplained Weight Gain | <input type="checkbox"/> Unexplained Weight Loss |
| <input type="checkbox"/> Low Sex Drive | <input type="checkbox"/> Difficulty Sleeping     |  |

**Ears/Nose/Throat/Neck**

- |   |                                     |   |
|---|-------------------------------------|---|
| <input type="checkbox"/> Hearing Problems | <input type="checkbox"/> Ear Pain   | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Sore Throat      | <input type="checkbox"/> Nosebleeds |   |

**Respiratory**

- |  |                                |  |
|--|--------------------------------|--|
| <input type="checkbox"/> Shortness Of Breath | <input type="checkbox"/> Cough | <input type="checkbox"/> Sputum Production |
| <input type="checkbox"/> Wheezing            |                                |  |

**Cardiovascular**

- |   |                                       |   |
|---|---------------------------------------|---|
| <input type="checkbox"/> Chest Pain                       | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Swelling in Feet |
| <input type="checkbox"/> Bleeding Disorder                | <input type="checkbox"/> Blood Clots  | <input type="checkbox"/> Fainting         |
| <input type="checkbox"/> Shortness Of Breath During Sleep |                                       |   |

**Gastrointestinal**

- |                                       |                                    |   |
|---------------------------------------|------------------------------------|---|
| <input type="checkbox"/> Nausea       | <input type="checkbox"/> Vomiting  | <input type="checkbox"/> Diarrhea       |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Abdominal Pain |

**Genitourinary/Nephrology**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Change in Urine Stream |
| <input type="checkbox"/> Unusual Discharge | <input type="checkbox"/> Flank Pain     | <input type="checkbox"/> Urinary Incontinence   |

**Musculoskeletal**

- |                                      |                                       |                                       |
|--------------------------------------|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Back Pain   | <input type="checkbox"/> Neck Pain    | <input type="checkbox"/> Joint Pain   |
| <input type="checkbox"/> Muscle Pain | <input type="checkbox"/> Muscle Cramp | <input type="checkbox"/> Muscle Spasm |

- Gait Disturbances
- Trauma
- Joint Stiffness
- Joint Swelling

### Integumentary

- Rash
- Bruising
- Itching
- Masses, Scars
- Lesions
- Moles, Skin Tags

### Neurological

- Abnormal Balance
- Tingling
- Loss of Coordination
- Tinnitus
- Confusion
- Dizziness
- Memory Loss
- Tremors
- Numbness
- Headaches
- Seizures
- Vertigo

### Psychiatric

- Feeling Anxious
- Hallucinations
- Thoughts of Harming Others
- Depressed Mood
- Stress Problems
- Suicidal Thoughts
- Suicidal Planning

### Allergic/Immunologic:

- Hay Fever
- Sneezing
- Drug Allergies
- Nasal drainage
- Food Allergies

## II. Ocular Review of Systems

### 3) Mark ALL new or longstanding symptoms that you suffer from

- Loss of Vision
- Distance Blur
- Near Blur
- Distorted Vision/ Halos
- Loss of Side Vision
- Double Vision
- Glare
- Drooping Eyelid
- Prominent Eyes
- Crossed / Lazy Eye
- Cataracts
- Glaucoma
- Macular Degeneration
- Diabetic retinopathy
- Dryness
- Excess Tearing
- Redness
- Burning
- Itching
- Sandy / Gritty
- Foreign Body Sensation

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Headlight Starbursts | <input type="checkbox"/> Retinal Disease         | <input type="checkbox"/> Mucous Discharge      |
| <input type="checkbox"/> Poor Night Vision    | <input type="checkbox"/> Retinal Hole/Detachment | <input type="checkbox"/> Pain                  |
| <input type="checkbox"/> Computer Strain      | <input type="checkbox"/> Eye Injuries            | <input type="checkbox"/> Chronic Eye Infection |
| <input type="checkbox"/> Tired Eyes           | <input type="checkbox"/> Flashes / Floaters      | <input type="checkbox"/> Stye / Chalazion      |

**List any other symptoms**

**4) Do you wear contact lenses? # hrs/ day # days/wk**  
**Brand / Rx**

### **III. Medical and Surgical History**

**5) List additional medical and surgical history**

**6) List any allergies, including your reaction (Ex. short of breath, hives)**

**7) List or update any current prescription medications you are taking**

**8) List any vitamins, herbals, supplements, or over the counter medications**

## IV. Family History

### 9) Mark ALL known family health conditions

	Mother	Father	Sister	Brother	Daughter	Son
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dementia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes - Type I	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes - Type II	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer (add comments below)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Macular Degeneration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blindness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Retinal Detachment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Additional Comments (Please note if grandparents suffered from any eye disease):

## V. Social History

10) Select your tobacco status # Years smoking If you quit, when?

11) How often you do drink alcohol?

12) List any illegal substances you use.

13) Do you exercise? Frequency:

minutes per day for

days a week

14) What is your marital status?

15) How many kids do you have?

16) What is your occupation?

17) List any special interests or hobbies

18) Did you get a flu shot this year?

Thank you for taking the time to complete this medical history, and for the trust you have placed in us. We look forward to seeing you!